



FULL PΨCLE

FULL-BODY INDOOR CYCLING

TriLaVie: First Class Free!

TriLaVie, welcome to Full Pycle South County! We are extremely excited to show you guys what we're about! We hope you are just as ready to ride and get your sweat on with us!

Martha has reserved some spots for you in our 5:30pm & 6:30pm class on Tuesday, May 3rd. To reserve your bike today, please follow these simple instructions:

1. Create an account at www.fullpsycle.com. Fill in the fields and click "Save."
2. Click "Buy Classes" on the top of the page.
3. Under standard series click "Buy 1 class"
4. Enter promo code TRILAVIE next to apply promo code
5. Book your bike by scrolling over "reserve" and selecting South County

We are located on the first floor of the Shops at Mission Viejo, right across from Ruby's. Please arrive 15 minutes early so we can give you complimentary shoes and water, and make sure you get set up on your bike properly. If you have any issues, please email Marissa Piche (aka Peach) at peach@fullpsycle.com and she will be happy to assist you. See you soon!

